garden assembly
CHURCH

Monthly Spiritual Growth Guide - The Monthly Spiritual Growth Guide is intended to help you connect the monthly Jesus Fast at the beginning of each month (1st-3rd), to spiritual growth and development the rest of the month. Take time at the beginning of each month during the Jesus Fast to evaluate what changes and or invitations the Lord is putting in front of you related to the 5 focuses below. Once you identify what the rest of the month will look like in these areas, write down what you are committing to and share it with someone. After the month ends, write out the ways that you have grown, the results you have seen, and the fruit you have experienced. Intentionality in these areas will produce increased spiritual maturity each and every month!

1. MINISTRY TO THE LORD

Scripture

- **Luke 10:38-42** Now it happened as they went that He entered a certain village; and a certain woman named Martha welcomed Him into her house. 39 And she had a sister called Mary, who also sat at Jesus' feet and heard His word. 40 But Martha was distracted with much serving, and she approached Him and said, "Lord, do You not care that my sister has left me to serve alone? Therefore tell her to help me." 41 And Jesus answered and said to her, "Martha, Martha, you are worried and troubled about many things. 42 But one thing is needed, and Mary has chosen that good part, which will not be taken away from her.
- **Acts 13:2** As they ministered to the Lord and fasted, the Holy Spirit said, "Now separate to Me Barnabas and Saul for the work to which I have called them."

Optional Outlets

- U.T.C. Schedule / Personal devotional time (CLICK HERE)
- Antioch House of Prayer and Worship (CLICK HERE)

2. GIVING - PRAYING - FASTING

Scripture

- **Matthew 6:3-4** But when you give to the needy, do not let your left hand know what your right hand is doing, **4** so that your giving may be in secret. Then your Father, who sees what is done in secret, will reward you.

- **Matthew 6:6** But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.
- **Matthew 6:17-18** But when you fast, put oil on your head and wash your face, **18** so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.

Optional Outlets

- Tithes and offerings; give to the needy
- Monthly Jesus Fast
- U.T.C. Schedule and Daily Prayer Calendar (CLICK HERE)

3. TIME IN THE WORD/OBEDIENCE TO THE WORD

Scripture

- **Psalm 1:1-3** Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; **2** But his delight is in the law the LORD, And in His law he meditates day and night. **3** He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper.
- **Psalm 119:11** Your word I have hidden in my heart, That I might not sin against You.
- **John 8:31** Then Jesus said to those Jews who believed Him, "If you abide in My word, you are My disciples indeed.
- **2 Tim. 3:16-17** All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, **17** that the man of God may be complete, thoroughly equipped for every good work.

Optional Outlets

- Weekly Discovery Bible Study (CLICK HERE)
- Read - Pray - Sing the scripture (CLICK HERE)

4. SERVING

Scripture

- **Mark 10:43** whoever wants to become great among you must be your servant,
- **Matthew 25:34-40** Then the King will say to those on His right hand, 'Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world: 35 for I was hungry and you gave Me food; I was thirsty and you gave

Me drink; I was a stranger and you took Me in; 36 I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.' 37 "Then the righteous will answer Him, saying, 'Lord, when did we see You hungry and feed You, or thirsty and give You drink? 38 When did we see You as a stranger and take You in, or naked and clothe You? 39 Or when did we see You sick, or in prison, and come to You?' 40 And the King will answer and say to them, 'Assuredly, I say to you, inasmuch as you did it to one of the least of these My brethren, you did it to Me.'

Optional Outlets

- Worship celebration Sunday serve teams (CLICK HERE)
- Monthly food pantry at Garden City (CLICK HERE)
- Weekly outreach with the Columbus Dream Center (Afterschool program at the Eden Center) (CLICK HERE)

5. MAKING DISCIPLES

Scripture

- **Matthew 22:37-39** Jesus said to him, "'You shall love the LORD your God with all your heart, with all your soul, and with all your mind. 38 This is the first and great commandment. 39 And the second is like it: You shall love your neighbor as yourself."
- **Matthew 28:18-20** And Jesus came and spoke to them, saying, "All authority has been given to Me in heaven and on earth. 19 Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age." Amen.

Optional Outlets

- Community Groups (CLICK HERE)
- Discovery Bible Studies with the lost (CLICK HERE)
- 6 Pillars with those your are discipling (CLICK HERE)
- Foundations Class